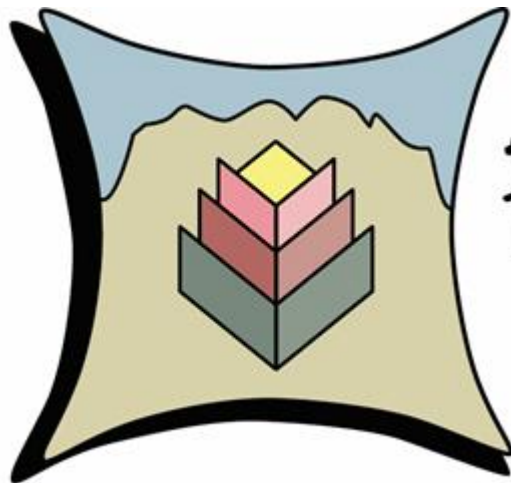


# GOOD HOPE QUILTERS' GUILD

*Presents*

**FYNBOS QUILT-IN 2016**



*Fynbos*  
in the Boland

6 - 8th October 2016

Bloemhof Girls High School, Stellenbosch

**Workshops**

**Vendors**

**Quilt Exhibition - Bloemhof Girls High School, Stellenbosch**

## Good Hope Quilters' Guild invites you to another Fynbos Quilt-In

3 Fun quilt-filled days in Stellenbosch!

Come and relax, learn something new, see wonderful quilts and spend time with your quilting friends!

# Teachers and Workshops at Fynbos Quilt-In 2016

**ALYSIA PRINSLOO** from Hermanus. Hand and machine appliqué are her favourite techniques and her latest passion is creative machine appliqué and embroidery.

### ALYSIA 1 FUN WITH WORDS



**Kit:** No Kit  
**Duration:** 1½ Days  
**Cost:** R 420  
**Experience:** Intermediate

In this class you will be discovering creative reversed machine applique techniques combined with embellishment with decorative machine stitches. These techniques can be used to make quilts, cushion covers, handbags, altar cloths, church banners and more.

### STUDENT REQUIREMENTS

- Hand dyed (e.g. Amafu) or tone on tone cotton fabrics – 1 very light, 2 mediums, 2 slightly darker of the same Color
- 2 25x25 cm squares of thin muslin fabric
- 4 25x25 cm squares of Stitch&Tear
- Medium grey cotton thread
- Machine embroidery threads to match the colours of the fabrics
- Bobbinfil thread for machine embroidery
- Special machine sewing feet: applique foot
- Machine needles: jeans 90, machine embroidery 80
- Thick crochet yarns and very thin cords in matching colours to be used for embellishing
- Small scissors with sharp tips (must be able to cut to end of the tip)
- Black Frixion pen
- General sewing supplies
- Sewing machine - serviced and in very good working order please!
- Electric extension cord

**BETTIE VAN ZYL** from Hermanus. "I strive to teach in such a way that the students will be empowered to experiment on their own. My great passion is that everyone will be inspired by all the wonderful variations in our land and portray that in their own original work."

### BETTIE 1 HAND APPLIQUE



This class will teach you the finer tricks and pitfalls of hand appliqué in a fast and easy way. You will learn a fool proof Needle Turn method and the correct way to stitch. Sharp points and deep valleys will not pose a problem.

You will learn different ways of making a circle, depending on the size. You will have wonderful results without a lot of hassle which will enable you to tackle any appliqué job... big or small

### STUDENT REQUIREMENTS

- Material scissors
- Paper scissor

**Kit:** R 15  
**Duration:** ½ Day  
**Cost:** R 140  
**Experience:** All Levels

- Basic sewing kit
- Glue stick

**BEV REBELO** from Harare, Zimbabwe. Beverley is an international quilt teacher, whose detailed, original art work is a combination of photography and thread play. African subjects, colours and fabrics are found in all her quilts. Her enthusiastic attitude and commitment to one-on-one attention makes it easy for students to master lessons.

### BEV 1 THREAD PAINTING



**Kit:** R 150  
**Duration:** 1½ Days  
**Cost:** R 420  
**Experience:** Advanced

*Students will learn to use photographs to create rich and complex pictorial compositions, suitable for the centrepiece of a quilt. A demonstration will show how to prepare photographs for this technique, and how to print them onto fabric. The students will then create their own realistic image from a supplied photograph, learning shading, blending and colour value.*

#### STUDENT REQUIREMENTS

- Sewing machine in good working order.
- Freemotion quilting foot for machine (also called hopping foot, darning foot) Bernina owners – BSR.
- Bobbins, several empty.
- Machine needles – a selection of topstitch and microtex.
- Thread – oranges, yellows, browns, black. (See photo of Bee) Cotton, rayon, polyester.
- Bobbin thread (60 weight) in neutral colour (beige or grey)
- Self-threading hand sewing needles.
- Small scissors.

### BEV 2 PATCHWORK OF THE CROSSES



**Kit:** R 250  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** All Levels

*“Patchwork of the Crosses” is a compelling and sensational design. It is English paper pieced, a hand technique that has recently had an international resurgence.*

*Students will learn how to fussy cut fabric, accurately cut paper shapes and whip-stitch blocks together by hand using paper piecing method. This workshop will use the honeycomb shape to create a unique “Patchwork of the Crosses” block, approximately 31cm x 31 cm. There are a myriad of combinations that English Paper Piecing offers and samples will be shown using the 7 acrylic templates in the kit.*

#### STUDENT REQUIREMENTS

- Sewing thread – white and to match your chosen fabric colour scheme.
- Needles – Embroidery No 9 or 10.
- Thimble/pins etc. i.e. your basic sewing kit.
- Scissors – little thread snips, fabric and paper scissors.
- Rotary cutter - 28mm preferably (otherwise 45mm), cutting board and ruler.
- Fabric marking pen or pencil.
- FABRIC – 3 colours that go together well. Try to get at least one fabric to fussy cut. Have 4 repeat designs to cut from this special fabric. Border fabrics have least wastage when fussy cutting.
- Rotary cutter with old blade for cutting paper.



**BEV 3**  
**THREAD DRAWING DEMO**



*This demonstration shows how I combine photographs, raw edge appliqué and sketches with thread drawing to create realistic animal quilts.*

*I will take you through the steps of preparing photographs to make them suitable to work with. Then you will see how I use these images, using different methods, to make the basic shape in fabric.*

*Finally I will show you how I put the final touches to my composition, using thread work.*

**STUDENT REQUIREMENTS** - None

**Kit:** No Kit  
**Duration:** ½ Day  
**Cost:** R 100  
**Experience:** All Levels

**CAROL JOHNSON** from Kleinmond. Carool was introduced to patchwork and quilting in 1990 and has loved every minute of her journey to date. She enjoys learning and trying out new techniques. She has now retired with her husband to Kleinmond where she is trying to reduce her piles of UFO's in the cupboard.

**CAROL 1**  
**PLAYING WITH TRIANGLES**



*This technique is a quick way of making the "Shaded Four Patch" blocks with a combination of triangles and a square or just triangles. It can be used to form many different traditional blocks, for example Fox and Geese, Corn and Beans, Pin wheels, Streak of Lightning, Dutchman's Puzzle and so on. It is a fun block and you will be able to use the technique over and over again for all sorts of small and large projects!*

**STUDENT REQUIREMENTS**

FOR A QUILT TOP-SIZE 100 x 100cms PLUS BORDERS

- 1 Amafu Roll or 8 fat quarters (must be at least 50 x 50cms in size) coloured from dark through to light to give contrast.

OR

- 1 Amafu Roll or 8 fat quarters (at least 50 x 50cms) and about 1 metre of background fabric (you will have left-overs)
- Fabric for borders-not necessary for the class
- Sewing machine and control foot
- Quarter-inch sewing foot
- Extension lead
- Iron
- Rotary cutter, cutting board and cutting ruler
- Large square Ruler
- Basic Sewing Requirements including neutral coloured sewing thread, pins, scissors and a sharp pencil.
- Polystyrene board or sheet to pin completed blocks
- Cushion to sit on and a camera if desired

**Kit:** No Kit  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** All levels

## CAROL 2 SPLIT PINWHEELS



**Kit:** No Kit  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** All levels

*This looks like a very complicated block with an interesting result but I will show you just how quick and easy it really is using relatively small strips of fabric from your stash! You can make it multi-coloured but I like to use one colour family (e.g. shades of blue with related colours) with a white background which then follows the Modern Quilt trend.*

### STUDENT REQUIREMENTS

FOR A QUILT-TOP SIZE 1 X 1METRE PLUS BORDERS;

- 1.25 Metres White- print-on-white for background
- 32 pieces of fabric in the same colour family, darks and mediums, 32 x 10cms each (12.5 x 4ins) (e.g. blues) or fewer but bigger pieces (I used only 9 different fabrics but needed much larger pieces) Bring a large variety of 1 colour family from your stash to select from if you are not sure which to choose.
- Cutting board, rotary cutter, 24 inch cutting ruler
- 6 inch (15cms) square ruler
- Sewing machine and machine foot control
- Quarter inch foot
- Extension cord
- Neutral sewing thread (grey) plus basic sewing requirements (pins, scissors, pencil, notebook, etc.)
- Polystyrene board or sheet (to pin completed blocks)
- Iron
- Cushion to sit on, camera if you want to take pics
- Border fabric to complete your top at home

**DOROTHY LUBBE** from Cape Town. *Dot began sewing with Mother who was a gifted dressmaker and designer. Dot has a Love of fabric and philosophy of personal quilt style in design, development and confidence.*

## DOT 1 THROUGH THE LOOKING GLASS



**Kit:** No Kit  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** Intermediate & Advanced

*Join Dot for a modern take on circles and half squares. You will complete a beautiful lap quilt and will be amazed at how easy it is to make a traditional strip technique circle.*

### STUDENT REQUIREMENTS

- Quilt size: 1.7m square
- 2.5m Floral backing fabric
- 5 x 30cm WOF Fabric for window frames
- 10 x 10cm WOF strips for wheels
- 1 x 60cm WOF Binding
- Cutting mat, rotary cutter, ruler, 100% matching cotton thread, sewing machine in good working order. General sewing notions such as needles, scissors etc. Optional Dresden/edge ruler as template will be provided

**ESTHER SNYMAN** from Riversdale. I am a SAQG accredited quilt teacher and have experience in teaching both beginners as well as seasoned quilters. My courses include the following: *Beginners, Machine piecing as well as Machine Applique.*

**ESTHER 1  
BIRDS AND FLOWERS**



**Kit:** No Kit  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** Confident beginner

*This is a beautiful Wall Hanging measuring 72cm x 82cm. It is done using the Free-Style Applique method. The Medallion Style centre is surrounded by 3 borders, squares followed by a small eye breaker. The last border forms a frame around the quilt. A fun quilt made with the lovely freedom of free style applique. A wonderful way to use up all your scraps to make a pleasing quilt.*

**STUDENT REQUIREMENTS**

1. Sewing machine, oiled and in working order with a new needle
2. Hopping foot (also called a Darning Foot) as well as ¼" foot
3. Cutting mat, Rotary cutter (new blade) and inch Ruler (long)
4. Measuring tape
5. Neutral colour sewing thread for stitching (grey or beige) as well as full bobbins to spare
6. Mettler Silk Finish Mercerised Cotton colour 712 (dark brown) as well as a bobbin of this colour. (for free style applique)
7. Pencil (soft HB), notebook
8. Pins, long and thin
9. Paper scissors, fabric scissors.
10. Pair of quilting gloves
11. 1 meter GLAD BAKE + COOKING PAPER (NOTWAXED! THIS IS EXTREMELY IMPORTANT! A MUST HAVE) You can buy sheets of Baking paper from the Bakery Dept. at your local Spar.
12. 50cm Applique paper
13. 60cm x 45 cm Stitch and Tear (17" x 21")
14. Cushion to sit on
15. Towel to fold under Sewing Machine
16. Lead, adapter and plug
17. This project is excellent to use up all you scraps. I used a combination of Amafu, Batiks and tone-on-tone fabrics for the Applique motifs. Any of these will give good results. For the 1<sup>st</sup> border I used a variety of different fabrics.

**FABRICS:**

1. 10 ½" square of Green for Bias stems and leaves. Extra Alternate green fabric for more leaves
2. 17" x 21" Cream Background
3. 10" x 8" Yellow tone-on-tone for Star Flowers
4. 4 ½" x 3" Purple for Star Flower centres
5. 7" x 8" Red Fabric for Red Flowers
6. 2" x 6" Pink for Red Flower Centres
7. 7 ½" x 3 ½" Purple for Cluster Flowers
8. 7 ½" x 3 ½" Yellow for Cluster Flower centres
9. 3 x Different blues for Bird (3" x 5"; 4" x 2"; 3" x 6")
10. 10 cm plain Plum fabric (or tone-on-tone) for Eye Breaker border
11. 50cm Mottled Green fabric for last border as well as binding.
12. You will need plus minus 100 squares for the first border.  
 I used a variety of scrap and left over fabrics from other projects. Use what you have. If you want to buy new fabrics at least 8 different strips of 2 ½"



**HAZELMAY DUNCAN** from Cape Town. Hazelmay is a founder member of the Good Hope Quilters Guild. She is known for her immense knowledge and dedication to quilting in South Africa.

### HAZELMAY 1 LOOKING AT LOGS



**Kit:** No Kit  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** All levels

*Learn to make a basic traditional Log Cabin block and then move on to explore some of the many variations. The students will make a number of sample blocks during the day and will be provided with a comprehensive book of notes and diagrams. Many exciting quilts and photographs will be shown to inspire you to go home and get started on one of your own.*

#### STUDENT REQUIREMENTS

1. Cutting board and rotary cutter with a new, sharp blade and a Quilter's Ruler.
2. Pins
3. Fabric scissors
4. Cleaned and oiled sewing machine with a new needle.  
Extension lead and multiplug
5. Water-erasable marking pen
6. Neutral (grey or cream) mercerized cotton thread
7. **Fabric:** Bring a selection of  $\pm 12 - 15$  fabrics.  
(half a fat quarter of each would be more than enough)
  - A plain for the 'fire' (centre square)
  - At least **6** lights and **6** darks. They should be easily sorted into 2 piles, **light and dark** – no mediums.  
You can use: a **mixed palette** OR **2 colours** OR **only one colour**.  
The 'fire' fabric is traditionally, but not necessarily, red.
8. A piece of thin batting,  $\pm 50\text{cm} \times 50\text{cm}$ , to use as a 'design board'.
9. Bias Square or Quilter's Companion Square (large or small).
10. Multi-View lens **if you have one**.
11. 2B and HB pencils, eraser and ruler
12. A cushion to sit on.

### HAZELMAY 2 I – SEW – METRIC



**Kit:** No Kit  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** All levels

*Come and learn one of the most traditional ways of doing patchwork, which provides a calming, relaxing 'Pick-up-and-Go' project for holidays and in-between times.*

*The lesson/course will cover:*

- *The basic instructions for English paper piecing with students making samples with hexagons, triangles and diamonds.*
- *A small project using the method and shapes which were learnt.*
- *Inspiration and ideas for future projects.*

*Comprehensive notes will be given to each student.  
This is all hand-piecing so no machines are required.*

#### STUDENT REQUIREMENTS

1. 2B and HB Pencils, eraser, ruler
2. Pritt and A4 size cardboard (side of a cereal box)
3. Scissors: paper and fabric
4. Pins
5. Thimble
6. Needles: Crewel #8 and Between #9

7. Light coloured cotton thread for tacking
8. 100% mercerised cotton thread in neutral beige or grey and colours to match the darker of your fabrics.
9. Fabric: 100% cotton
  - 3 each of light, medium and dark (half a fat quarter is more than enough of each)
  - 1 x fat quarter of a plain or tone-on-tone background fabric
10. ± 50cm x 50cm piece of thin batting to use as a design board.

**HEATHER BECKETT** from *Stilbaai*. *Heather is a graphic designer who started quilting about 10 years ago. She is always looking for the newest, most innovative methods and design in quilting. Designing, stitching and free motion quilting are what she enjoys most.*

### HEATHER 1 FREE MOTION QUILTING FOR BEGINNERS



**Kit:** No Kit  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** Beginners  
 Great as a refresher course

*All quilts deserve to be beautifully quilted by their maker, so let me get you out of the ditch and creating visual design. The ability to free motion quilt gives you the freedom to finish your own quilts, big and small, as you want. Learn the basics well and the exotic will come. Just add practice.*

*Marking the quilting designs on the quilt and how to handle a large quilt on a small machine will also be covered.*

#### STUDENT REQUIREMENTS

1. Sewing machine in good working order, preferably with the ability to drop or cover the feed dogs
2. Extension table large enough to take two hands
3. Darning/free motion foot for machine
4. Thread to match practice sandwich colour and filled bobbins or pre-wound bobbins
5. Quilting or topstitch needles
6. Quilting gloves
7. Black or blue Frixion pen
8. 8 Quilting safety pins
9. Supreme Slider, only if you have one
10. 12"/30cm School ruler
11. Stitch regulators are allowed but not necessary
12. 5 Sheets of A4 paper and a sharp pencil
13. Five 50cm square practice quilt sandwiches each consisting of three layers.
  - 1) Light coloured cotton on top
  - 2) batting of your choice and
  - 3) backing
14. Top fabric to be plain or tone on tone.
15. All preferably spray basted.
16. If you must stitch baste the top then your stitches must be very small on the top layer and the underneath of the stitch can be big. Prepared before class
17. Extension lead if not supplied



**JILL SCHOLES** from Kleinmond. *Applique work is my passion and I hope you will enjoy my class.*

**JILL 1**  
**SMALL WONDERS BOOK COVER**



**Kit:** R 80  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** All levels

*A fun and creative handwork course, teaching the art of hand applique and using all the different techniques to make a stunning book cover to wrap around a note book (provided).*

**STUDENT REQUIREMENTS**

1. Small sharp pointed embroidery scissors for paper and fabric
2. Thimble (optional)
3. Sharp pencil and sharpener ( or clutch pencil)
4. Frixion pen
5. Needle threader (optional)
6. Small ruler
7. No. 10 embroidery needles ( there will be a few in your kit)
8. A light box if you have one.
9. Extra paper and note book to make notes or you can use the note book supplied in the kit.

**KATHRYN CELLIERS-LOUW** from Hermanus. *Kathryn Celliers-Louw is an award winning quilter who teaches innovative classes. Her strong point is her use of colour and embellishment and she guides her students in their choices and teaches them to use both to the best effect.*

**KATHRYN 1**  
**SCRUMBLES - CROCHET**



**Kit:** No Kit  
**Duration:** ½ Day Thursday and  
½ Day Saturday  
**Cost:** R 280  
**Experience:** Intermediate

*Learn to do creative crochet and to make a Scrumble, which is the basic "block" which is used to make a bag, hat, waistcoat etc.*

**STUDENT REQUIREMENTS**

1. Notebook, pen/pencil
2. Straight pins
3. Sharp scissors
4. Wools, yarns and threads – at least 5 different yarns in shades of one colour, three in a contrasting colour and a zinger. Double knit, four and single ply, everything goes! Small amounts and scraps are useful [Some yarns will be on sale in class]
5. Large wool needle
6. Crochet hooks : 2.5, 3.5 and 4.5

*Knowledge of Basic crocheting essential*

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**KATHRYN 2**  
**3D QUILTING :**  
**FABRIC BOWL WITH PETALS**

[See photo on next page]

*Adventure into the world of 3D quilting! In the class we make a flower bowl with petals, leaves and bead embellishment. The elements of the flower are layered with fabric and stiffener and then quilted before being shaped into a flower bowl. It's a quick and easy class in which we use either free motion or straight line quilting.*



**Kit:** R 145  
**Duration:** ½ Day  
**Cost:** R 140  
**Experience:** Intermediate

### STUDENT REQUIREMENTS

1. Notebook, pen/pencil, eraser
2. Straight pins
3. Quick unpick
4. Sharp fabric scissors
5. Sewing machine in good working order.
6. Free motion foot or Walking foot
7. Clear foot for satin stitch
8. Needles: Quilting 80/90 machine needles
9. Thread box including machine embroidery threads.  
 [Embroidery threads will be for sale in class]

*Knowledge of machine quilting essential*

### KATHRYN 3 EMBELLISHING SAMPLER



**Kit:** R 150  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** Beginner

*In the class we will learn several techniques which can be used to embellish a quilt.*

*We will embellish one sampler block and students can use it for reference, make it into a cushion or bag or make more to make a quilt or wall-hanging.*

*Techniques include couching, weaving, attaching beads and bead dangles, trapunto, outlining and much more.*

*Variety of sewing threads will be available for use in class.*

### STUDENT REQUIREMENTS

1. Notebook, pen/pencil, eraser
2. Scissors for fabric
3. Straight pins
4. Quick unpick
5. Size 7-11 embroidery needles.
6. Size 18/24 Chenille needles

### KATHRYN 4 FREE STYLE TWINCHIES



**Kit:** R 60  
**Duration:** ½ Day  
**Cost:** R 140  
**Experience:** Beginner

*Learn to make freestyle twinchies by machine, and then embellish some by hand. Twinchies are 2x2 inch quilt blocks which can be used to make a wall-hanging or embellish other items. Come and surprise yourself in this quick and fun class!*

### STUDENT REQUIREMENTS

1. Notebook, pen/pencil, eraser
2. Cutting board, rotary cutter and ruler
3. Sharp fabric scissors
4. Sewing machine in good working order.
5. Needles: Quilting 80/90 machine needles
6. Thread box including sewing and machine embroidery threads.  
 [Embroidery threads will be for sale in class]

**LUBI KOORTS** from Cape Town. *“Universe, Creation, Life, Nature, Challenges, Growth” – all inspires me. Considering and experiencing these on a daily basis motivates everything I do. I just drink from the overflowing cup every day with wonder, thankfulness, courage and love.*

**LUBI 1**  
**MY WORLD IN COLOUR**



**Kit:** None  
**Duration:** 1 ½ Days  
**Cost:** R 420  
**Experience:** All levels

*Creating a small freestyle quilt top in fabric and thread.*

*An exploration of the COLOURS in your world. Many surprises in discovering your own self-expression through Colour, interacting with Line, Shape, Value and Textures.*

*Gentle guidance will be offered for those that has never attempted freestyle work – if needed. You will work with your own special choice of Colours in fabric scraps & embroidery threads.*

*KEY is > bring along little bits of things that you’ve always loved and never knew what to do with and just cannot throw away.*

**STUDENT REQUIREMENTS**

- 50cm x 80cm in calico and/or dark fabric like black – for background fabric
- Vilene, Freezer paper, Sew and Tear (for machine applique IF you should choose to use this method)
- Hand sewing needles suitable for embroidery thread, wools and hand sewing, threads for tacking, stitching
- Sewing machine + extension cord, plug, paper and fabric scissors, pins, fabric pencil / marker and all normal sewing machine needs
- Fabrics / Threads & Textures > Bring along in your favourite colours, scraps of any kind of fabric > cotton, hessian, velvet, netting, old crochet, woven, knitted, felted – a variety of threads > silk, wool, string, embroidery, decorative tapes like zig-zag etc. Remember LMD values and a few interesting prints stripes /checks – really just scraps of what you have!
- Small Cutting board and Rotary cutter equipped with a sharp blade, and an empty plastic bag to collect own scraps & threads + 1 ruler of choice
- Your choice will be working by hand (quick methods to follow) OR sewing on your machine the basics and continue by combining with hand embellishing
- Optional: batting and backing fabric to lay-up and start quilting IF you are a fast worker. Each student will be advised (if needed) on how to finish off and complete their work.
- Pencil / Notebook / A4 photocopy paper - a few sheets

**MORAG SCORDILIS** from Cape Town. *A quilter for the past 12 years, I am passionate about art quilting, freemotion thread work and alternative textile exploration & embellishment. I have developed a range of hand-dyed fabric and screen prints for quilters with a view to providing fabric that excites and inspires both traditional and art quilters.*

**MORAG 1**  
**CONTEMPORARY LANDSCAPES**

[See photo on next page]

*This workshop will introduce you to a variety of techniques and tools & ‘tricks’ that can be used well beyond simply creating a landscape quilt! A choice of different patterns and techniques will allow you to work in ways that you best enjoy. Whilst you do NOT need to be able to draw at all, you will be able to produce a small landscape that is both artistic and creative.*





**Kit:** R 80  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** All levels

*A low-key introduction to basic concepts of art quilting and landscapes – e.g. colour, value & texture will provide useful information that can be used in many aspects of your quilt- making as well as enabling you to enjoy creating your very own piece of A 4 or A 3 fibre art in a style (realistic, abstract etc.) of your choice.*

*Think you're not creative or artistic? – try this workshop and learn otherwise!*

### STUDENT REQUIREMENTS

- **Sewing Machine** in good working condition & able to do a zigzag stitch.
- **Sewing machine feet** including open toed (embroidery) foot for visibility. If you have a freemotion and / or walking foot please bring these along.
- **Scissors** - good, sharp pair (small embroidery as well as usual sewing scissors if possible).  
Usual **sewing tools** (a small cutting mat if you have one- but I will supply as well).
- **New machine sewing needles** - embroidery, sharps quilting & - if you want to use metallic threads, a topstitch or metallic needle.
- Rotary cutter – with a new, sharp blade. Small cutting board if you have one.
- **Threads in a variety of colours** appropriate to landscape work. (Remember we are working with sky, water, land, mountains and natural foliage – so choose appropriately). Make sure to bring a few “zingers” to make your work “pop” if you enjoy this kind of look!
- **Selection of fabrics** appropriate to landscape works. I will have fabric available at the workshop as well, so don't worry if you are unsure about what to bring! Hand dyes, Bali & variegated fabrics work well. (Avoid 'obvious' rock, tree or water' prints.)  
1/2m of plain, light coloured cotton fabric to use as a base –**Batting** (a thin or medium i.e. low-loft). **& backing fabric**  
**6B Pencil &, black koki, small pritt glue stick.**
- **If not purchasing a kit**, a piece of water soluble 'fabric', double-sided applique paper, landscape fabric including strips of sheers e.g. Organza; freezer paper for patterns; piece of baking parchment for ironing on.

**SANDRA CRUYWAGEN** from Cape Town. *Sandra has been quilting for over 30 years. She teaches all of the basic techniques of patchwork, strip piecing, machine applique, machine quilting and using machine embroidery to embellish quilts and other projects.*

### SANDRA 1 LITTLE FRENCH BAG



*Make this stylish, elegant and useful bag using beautiful cotton fabric with matching or contrast lining. Learn different quilting techniques and how to insert a zip. Beautiful quilting with piped edges makes this bag extra special.*

### STUDENT REQUIREMENTS

- Sewing Machine
- Pins – straight and safety pins
- Neutral and/or dark thread for construction and quilting
- Needles – 80 and jeans (90 or 100)
- Scissors (sewing, paper)

**Kit:** R 150  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** All levels

- Seam Ripper
- Rotary cutter, mat and ruler (60cm), extra blade
- Water soluble marker
- Notebook, pen, pencil

**SIMMY SCHOFIELD** from Cape Town. Simmy teaches every day from Monday to Friday and loves seeing the thrilled faces of students on admiring their work. "Easy fun designs with a new twist are what I love to teach at Festival workshops".

### **SIMMY 1 COLOURFUL AIRBRICKS**



**Kit:** No Kit  
**Duration:** ½ Day  
**Cost:** R 140  
**Experience:** All levels

Half day workshop of fun, learning a quick effective technique which basically consists of dark and light fabrics. You can use all colours, printed or plain, OR you can use any two colours like I did – black from dark to light grey and pink from dark to light. If you have a jelly roll that you don't know what to do with, bring it with matching plain colours to go with it. Phone me if you need advice 0827897607.

### **STUDENT REQUIREMENTS**

- Sewing machine with quarter inch foot or universal foot.
- Cutting mat, ruler 24 inches (or 60cm) and rotary cutter
- Piece of batting approx. 1metre long by the width for laying out "airbricks" as you make them
- Sewing kit. Neutral 100% cotton thread to match.
- As this is a technique class you do not need to bring 10 metres of fabric, bring at least 20cm of 10 different fabrics as described above – preferably washed.

### **SIMMY 2 VERSI-TILES IN ONE COLOUR**



**Kit:** No Kit  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** All levels

This is an ideal workshop where you get to use up that collection of fabric that you have built up in one colour. I have used red and the designs are from small prints to large prints with even some plains in between. You will make panels of 50cm square and you can make as many as you like to make the size quilt that you want or to use up the stash. Phone me if you need help – 082 7897607.

### **STUDENT REQUIREMENTS**

- Sewing machine with quarter inch foot OR be able to move your needle to the right to make the seam width smaller.
- Cutting mat, rotary cutter, 24 inch ruler ( OR 60CM)
- Choose which colourway you will go for then go through your stash and bring the lot!! To make a queen size quilt you will need 10metres altogether. Prints work well.
- Matching 100% cotton thread.
- Sewing kit.
- Material scissors

**UNA CLOETE** from Cape Town. Traditional patchwork and quilting are her speciality. In teaching, Una aims to promote a love of and interest in this wonderful craft.

**UNA 1**  
**PIECED BORDERS AND CORNERS**



*A pieced border added to a quilt is like framing your favourite photograph. A pieced border will add to and enhance the finished quilt.*

*In this workshop we will make at least three different borders and corners and also discuss other variations of pieced borders to emphasize the quilt design used.*

*A pieced border can completely change the total look of any quilt.*

**STUDENT REQUIREMENTS**

**Kit:** No Kit  
**Duration:** 1 Day  
**Cost:** R 280  
**Experience:** All levels

**FABRIC:**

A total of 48 x 4" OR 48 x 10cm DARK squares  
A total of 48 x 4" OR 48 x 10cm LIGHT squares  
OR You may choose to use different fabric for each border – then use 16 dark and 16 light squares for EACH border = 48 squares per border.

**OTHER REQUIREMENTS:**

- Sewing machine with all attachments, cleaned, oiled and a new needle fitted.
- Extension cord, multi-plug, neutral thread, filled bobbins, scissors, quick unpick
- Cutting mat, rotary cutter, ruler
- Iron
- Towel to iron on

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**Studio Class**

A classroom is available for quilters who wish to come and sew in lovely surroundings with good friends and great creativity abounding. Come and complete a UFO or tackle a new project.

**Registration and Check-in**

All bookings are to be done on line. Once you have registered on line and submitted your entry, the required money must be paid into the GHQG Account, in order to secure your booking:

Good Hope Quilters' Guild  
Standard Bank  
Pinelands (Branch 036309)  
Account 073027405

***Please ensure that your name is the recipient's reference.***

The on-line booking site is: <http://goo.gl/forms/yy8V4hZrUh>.

**Very Important:**

- Please fill out the form and indicate your class selection. All starred questions MUST be answered. If you do not land on the Thank You page after submitting your form it means you have left a question out and the form HAS NOT BEEN SUBMITTED. Please double check your form before clicking SUBMIT at the end.
- Please DOUBLE CHECK your email address - you HAVE to supply a correct one in order to complete the form. PLEASE check your maths at the end - double check the final total includes everything (Attendance cost, accommodation, class costs etc.)



- When making payment PLEASE use your Initial and Surname as reference. People who do not do so stand the chance of missing out on a class selection because we cannot track the money. PLEASE TAKE NOTE...
- You will receive an email upon completion giving you a summary of what you have applied for. Please keep this as a record of which class you have applied for, in case we need to contact you about changing your class selection.
- Proof of Payments MUST, MUST, MUST be sent to [fynbosquiltfestival@gmail.com](mailto:fynbosquiltfestival@gmail.com) or faxed to 021 531 4070.

Registrations are being run by Gwen Coetser. For any problems or queries, please contact Gwen at: [fynbosquiltfestival@gmail.com](mailto:fynbosquiltfestival@gmail.com) OR 074 511 1723 (Business hours only)

## **Accommodation**

We have reserved a hundred and fifty beds at Bloemhof Girls High School boarding establishment for the 3 nights of the festival. \* No bedding is provided and the rooms have 2 single beds. Breakfast is provided. Cost: R220 per night

\* Bedding may be arranged for quilters travelling from other provinces or countries

## **Lunch**

Tea and coffee will be available at the hospitality station (Delegates only). Lunches and refreshments will be available at the cafeteria.

## **Functions**

There will be one official function. This will be a lunch held on Thursday from 12:45 pm to officially open the festival and exhibition, as well as announce the prize winners of our quilt competition. The cost is R 80 per person.

## **Quilt Challenge**

Details of the Fynbos 2016 Quilt Challenge can be obtained from Bettie van Zyl ([bettielalslap@gmail.com](mailto:bettielalslap@gmail.com)) – 082 330 9088, 028 316 1278. A challenge pack costs R70.00, which includes your entry fee.

## **Machine Hire**

Bernina machine hire can be arranged with Gwen Coetser when booking ([fynbosquiltfestival@gmail.com](mailto:fynbosquiltfestival@gmail.com)) – 074 511 1723 (Business hours only). Hire fees are R60.00 per day and will be payable on the day of the course.

## Fynbos 2016 – WORKSHOP SCHEDULE

Thursday, 6 Oct		Friday, 7 Oct		Saturday, 8 Oct	
Morning	Afternoon	Morning	Afternoon	Morning	Afternoon
<b>SANDRA 1</b> <b>LITTLE FRENCH BAG</b> <i>(1 Day) Machine</i>		<b>HAZELMAY 2</b> <b>I – SEW – METRIC</b> <i>(1 Day) Handwork</i>		<b>BEV 2</b> <b>PATCHWORK OF THE CROSSES</b> <i>(1 Day) Handwork</i>	
<b>KATHRYN 1</b> <b>SCRUMBLES</b> <i>(½ Day) Crochet</i>	<b>KATHRYN 2</b> <b>3D QUILTING : FABRIC BOWL WITH PETALS</b> <i>(½ Day) Machine</i>	<b>KATHRYN 3</b> <b>EMBELLISHING SAMPLER</b> <i>(1 Day) Handwork</i>		<b>KATHRYN 1</b> <b>SCRUMBLES</b> <i>(½ Day) Crochet</i>	<b>KATHRYN 4</b> <b>FREE STYLE TWINCHIES</b> <i>(½ Day) Machine</i>
<b>BEV 1</b> <b>THREAD PAINTING</b> <i>(1½ Day) Machine</i>			<b>ALYSIA 1</b> <b>FUN WITH WORDS</b> <i>(1½ Day) Machine</i>		
<b>CAROL 1</b> <b>PLAYING WITH TRIANGLES</b> <i>(1 Day) Machine</i>		<b>MORAG 1</b> <b>CONTEMPORARY LANDSCAPES</b> <i>(1 Day) Machine</i>		<b>CAROL 2</b> <b>SPLIT PINWHEELS</b> <i>(1 Day) Machine</i>	
<b>HAZELMAY 1</b> <b>LOOKING AT LOGS</b> <i>(1 Day) Machine</i>		<b>UNA 1</b> <b>PIECED BORDERS AND CORNERS</b> <i>(1 Day) Machine</i>		<b>HEATHER 1</b> <b>FREE MOTION QUILTING FOR BEGINNERS</b> <i>(1 Day) Machine</i>	
<b>LUBI 1</b> <b>MY WORLD IN COLOUR</b> <i>(1½ Day) Machine</i>			<b>BEV 3</b> <b>THREAD DRAWING</b> <i>(½ Day) DEMONSTRATION</i>	<b>JILL 1</b> <b>SMALL WONDERS BOOK COVER</b> <i>(1 Day) Handwork</i>	
<b>ESTHER 1</b> <b>BIRDS AND FLOWERS</b> <i>(1 Day) Machine</i>		<b>SIMMY 1</b> <b>COLOURFUL AIRBRICKS</b> <i>(½ Day) Machine</i>	<b>BETTIE 1</b> <b>HAND APPLIQUE</b> <i>(½ Day) Handwork</i>	<b>SIMMY 2</b> <b>VERSI-TILES IN ONE COLOUR</b> <i>(1 Day) Machine</i>	
<b>STUDIO CLASS</b>		<b>STUDIO CLASS</b>		<b>DOT 1</b> <b>THROUGH THE LOOKING GLASS</b> <i>(1 Day) Machine</i>	